



# The Pink Paper

QUARTERLY PUBLICATION OF THE WOMEN'S ASSOCIATION OF HILTON HEAD ISLAND • February 2011

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## President's Corner

Hello Ladies!

We had a fantastic December luncheon. Mary Kay Andrews was quite entertaining. I didn't know that the Mickey Spillane book series was that interesting to read as a young teen; I will have to look into that series. It is also interesting to me to find out how authors select their pen names. Who would have thought to combine your children's names?

Weren't the children from the Children's Center precious? They have such enthusiasm when they sing and dance. I am sure they were that energetic, because they saw all those presents we had for them.

We had a great turnout for the luncheon, 230 ladies! There were over 200 toys for the Children at the Children's Center, and we collected \$400 for the Children's Relief Fund. The Children's Relief Fund donations were a lot lower than last year's. If anyone forgot to bring their donation, they can send a check to our Treasurer, Susan Stauffer (made out to WAHHI), and we will see that it gets into the check we will be presenting to Rose Fotia at the February Luncheon.

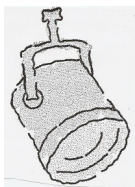
I hope everyone had a great holiday season and tried to stay warm. I did brave the weather and visited in Michigan, but only for 3 days, they had SNOW!

Our next luncheon will feature Madhouse Vintage Clothing in a Styles Show. We hope to show clothing that spans the period from our beginning to now in celebration of our 50<sup>th</sup> Anniversary year.

With winter here, (yes it has been in the teens already), I hope everyone is keeping warm. I know our Interest Groups are going strong, (maybe not the Tennis group), but the Out To Lunch Group at Colleton River was fantastic in December and the Happy Cookers are making hearty winter meals.

Don't forget to mark your calendars for the High Tea at Honey Horn, May 4<sup>th</sup>. We hope to see ya'll at the February Luncheon.

*Sandee Brooks*  
President



# Spotlight on Interest Groups



from Sally Kingree

## A'CHIVE'RS INTEREST GROUP



The focus of our interest group is the successful growing of, and knowing about, herbs and plants, and to better understand the unique and fragile environment of the Lowcountry.

There are 30 members in A'Chive'rs, who meet monthly, seven times a year, from October thru May, excluding January.

We have enjoyed two well-attended activities since our 2010-2011 season began. In October, we sat riveted to an exciting talk and were given a tour of the fascinating Waddell Mari cultural (fisheries) Institute; and in November, we listened to a lecture on our environment, given by Master Gardener, Laura Lee Rose, from Clemson Extension Services Horticultural Department. In December, we met for our annual Holiday "Lunch and Learn" (and gift exchange) which was held at Frankie Bones. Their chef demonstrated the use of herbs in cooking, and class was followed by his special "herbed" repast. We don't meet in January, but look forward to getting together again in February. A wait list for membership in A'Chive'rs is currently in effect as we are restricted to 30 dues paid members. If you are interested, please contact Frances Umlauf, at 342-5793.

## Our 50<sup>th</sup> Anniversary Year 2011



This is a very special year for our 500 members! Take a moment to read Jackie Cordray's History of the Women's Association of Hilton Head Island, in the introduction to our "Garnished with Gold" cookbook. You'll be pleased, maybe even surprised, at the positive impact we have made on our community. WAHHI's assistance and leadership over the past 50 years with service projects, interest groups, Youth Community Service Awards and monetary donations makes for an impressive record. Look forward to receiving your spring invitation to the High Tea at the Coastal Discovery Museum at Honey Horn on **May 4, 2011**. Mark your calendar; let's plan to truly celebrate our 50th anniversary together!

## Straight from the Heart

The Children's Relief Fund for disabled children and Area 8 Special Olympics cordially invite you to attend their Annual Valentine Dinner Dance and Auction at the Crowne Plaza Resort Shipyard Plantation Saturday, February 12, 2011, 6:30 P.M. Enjoy an Evening of Hors d'oeuvres, Dinner, Live Auction & Silent Auctions & Dancing to the Music of Intensity.

Cost: \$125

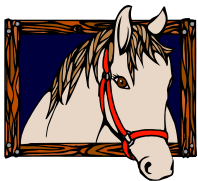
Complimentary wine served with dinner.

Seating is limited.

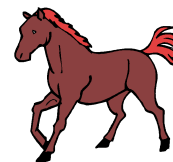
Reservations accepted on a first come, first served basis.

"Black Tie Optional"





## Spotlight on a WAHHI Charity Heroes on Horseback



Heroes on Horseback is a non-profit, premier accredited operating center of NARHA (North American Riding for the Handicapped Association ) that fosters:

Safe, professional and ethical equine assisted activities for individuals in the Lowcountry with physical, mental or emotional disabilities without regard to race, color, creed.

### Program Offerings:

Heroes on Horseback offers three major categories of Equine Assisted Activities. Clients are assigned to one or more of the following programs based on their individual needs, abilities and interests.

#### 1) MOUNTED EQUINE ASSISTED THERAPY:

This recreational therapeutic riding program focuses on learning and physical exercise using the horse for rhythm, motion and motivation. Participants may not be learning riding skills but are gaining tremendous physical and emotional benefit from being on a horse. Balance, coordination and muscle tone improve through exercises done on horseback. Psychological benefits include increased independence, motivation and self-control.

#### 2) THERAPEUTIC SPORT RIDING:

Primary focus is on riding skills and horsemanship. Coaching for competition is also available. Ground Lesson: the ground work part of the lesson is vital for maximizing the therapeutic benefits of the program. Not only is this where the rider experiences responsibility and discipline but also the satisfaction that comes with caring for another living being. Grooming & Tacking address the following developmental areas: fine and gross motor skills, spatial awareness, vocabulary, motor planning, sequencing, memory, endurance, attention span, hand/eye coordination, bilateral involvement, balance, crossing midline and muscle strengthening.

Mounted Lessons include exercises, riding skills and games. The mounted segment of the lesson challenges the rider in balance, coordination, motor skills, body awareness, strength, flexibility, teamwork, socialization and self-esteem.

#### 3) UNMOUNTED EQUINE ASSISTED LEARNING & VOCATIONAL TRAINING:

This program recognizes the physical, occupational and emotional benefits of working with and around horses. This ground work only program is designed for participants that cannot or do not wish to ride. The program offers activities that help participants develop physically, cognitively, socially and psychologically. Participants also gain skills that they may use in the field of horse management.

**Minds are like parachutes—they only function  
when open.**

**Thomas Dewar**

## WOMEN'S ASSOCIATION OF HILTON HEAD ISLAND HISTORY - Part 5

### Benefiting the Community

Thousands of dollars, as well as volunteer hours, have been donated to almost all area organizations by the Women's Association through the years.

Charitable efforts receiving monetary awards have run the gamut from the Arts Center of Coastal Carolina to the libraries to Volunteers in Medicine and everything in-between. The largest single gifts were probably the 1996 donation of \$5,000 to fund a study carrel at the newly built Hilton Head Branch of the Beaufort County Public Library and the 2002 presentation of the \$5,000 "Tales of Hilton Head" bronze Walter Palmer statue to the Shelter Cove Community Park.

Annual donations depend on how much money is in the treasury by year's end, but holiday contributions rely on the largesse of individual members at the December luncheon-usually benefiting children's organizations with cash of several hundred dollars and myriads of brightly-wrapped Christmas presents for kids who otherwise might not receive them.

The Civic Affairs interest group was the impetus for community aid in the early years. In the late '60s the women led a fund drive for the mental health association, sponsored a legislative seminar on South Carolina health and education problems, advocated health exams for domestic help, worked on banning fireworks and leashing dogs, completed a check of voter registration and get-out-the-vote campaign, and advocated starting a home nursing service on the Island. In 1967 they were instrumental in securing a building (an old night club on Mathews Drive) for the Island's first day care center (today The Children's Center) and making one of the first donations for its rent.

In the 1970s Hilton Head Elementary School was a major recipient of WAHHI's efforts, with members (and their spouses) cleaning and painting the school and purchasing library books. The Island School Council was formed, and the women sponsored a Girl Scout troop. The rescue squad, Child & Youth Development Center, Toys for Tots and the Hilton Head Island Health Project (later DeepWell) also received their help. A few years later WAHHI took their concerns to Beaufort County Council, demanding that it improve the Island's only health clinic for the poor. "Those who use the clinic endure embarrassment, discomfort, and dangerous conditions," they told Council representatives.

Some later community service projects included:

. In 1982 WAHHI began distributing "Love the Beach" brochures to all hotels to encourage tourists to preserve the attractiveness of the beaches by protecting sea oats, loggerhead turtles and sand dollars. This project lasted well into the '90s.

. In 1984 the women made the first \$1,000 contribution to the Hilton Head Cultural Center, an organization that ultimately became the Arts Center of Coastal Carolina. The following year a \$1,000 gift was made to the Child Abuse Prevention Association.

. In 1986, at WAHHI's silver anniversary celebration, \$1,000 was presented to the town to landscape the planned Town Center.

. In 1991 Hilton Head Elementary School was once again the recipient, this time of a \$2,500 gift for a computer, part of a total \$11,000 in donations that year. A letterwriting campaign to troops serving in Desert Storm was also initiated.

In 1994 the Hilton Head Island Recreation Playground Fund, Audubon Newhall Preserve, Hilton Head Dance Theatre and Habitat for Humanity shared more than \$5,000 in gifts. The Women's Association also sponsored a fire safety cadet for summer camp.



## Steps to a Financially Fit New Year:

We would like to thank all of the women who participated in our “What Women Need to Know, Women and Investing” seminar series throughout the fall. We have enjoyed being a part of the special interest groups that WAHHI offers to its members. We hope to offer even more in the new year. We have a few thoughts on how to ring in 2011 to your best advantage. Think about how you can make these things part of your New Year’s Resolutions.

Get organized! It is easy to feel like you are not in control when your important papers are scattered. Gather pay stubs, insurance documents, credit card statements, bank statements, investment account statements, receipts, legal documents and warranties. Then determine whether they should be stored in a bank safe deposit box, a fireproof lockbox at home or a locking filing cabinet or drawer in your home office and/or with a trusted attorney, friend or relative. For those of you who have taken this step, you can go ahead and reset your filing cabinets for the new year. Create new tabs and folders for 2011 so that papers can be filed right away instead of forming a pile until February!

Identify and prioritize your financial goals! Perhaps it is a short term goal that you might be able to accomplish in a year like paying off a credit card or purchasing a new car or something in the next 2-5 years, or like upsizing or downsizing your living arrangements or helping a child with the cost of education. Finally look long-term at things that are 5 years or more out, like retirement or creating a legacy to family or charity. A financial advisor can assist you with analyzing costs and developing strategies for achieving these goals.

Get to work! Set a budget. Once you have set your financial goals, then roll up your sleeves and take a look at your cash flow, spending habits and areas where you have unnecessary costs. Also review your holdings with your financial advisor. It is important to know what you own, the risks involved, and if it best positioned to help you achieve your goals. Continue to take advantage of education opportunities and stay informed. Please give us a call if we may be of assistance.

We wish you a happy and healthy 2011!

Janet Williams  
Vice President – Wealth Management  
Financial Advisor

Jennifer Stupica, CFP®  
Registered Marketing Associate  
Financial Planning Associate



Morgan Stanley Smith Barney, 600 Main Street, Hilton Head Island, SC 29926  
(843)689-7214



**What:** February Luncheon  
**When:** Wednesday, February 16, 2011  
 Social Hour 11:00 -12:00  
 Luncheon 12:00 noon  
**Where:** Crowne Plaza Resort  
 Shipyard Plantation  
**Program:** Madhouse Vintage Clothing  
 Fashion Show  
**Deadline:** Wednesday, February 9, 2011

At A Glance

**Two Menu Choices**

- Parmesan Crusted Chicken Breast stuffed with Prosciutto & Sweet Peppers with Velvet Sauce; served w/Pappardelle Paste and Green Beans & Pearl Onions
- Vegetarian Plate Available

**Dessert**

Trio of Profiteroles w/a White Chocolate Coating & Raspberry Sauce Compliment

Assorted Rolls & Butter

Iced Tea, Hot tea, & Coffee



Continuing with the theme of our Fiftieth Anniversary Year, in February we will have a vintage fashion show. Clothing will be furnished by Caroline Noble, proprietor of MADHOUSE VINTAGE CLOTHING, of Bluffton. Shown from an historical point of view, each outfit will highlight one of our pivotal years and both outfit and year will be described by our own Jackie Cordray and Caroline. All past Presidents will be honored that day as will our membership over the years...a celebration of ourselves, if you will. We will be seeking models of the 4/6/8 size range as the vintage clothing is quite small. Caroline will bring others of her things for you to enjoy viewing and you can make appointments with her at that time to visit her shop. None of the outfits will be for sale at the luncheon. Get on your own vintage glad rags and we'll see you there.



The addendum to the Year Book will be mailed with the Pink Paper prior to the February luncheon. I will also be distributing them, along with copies of the Year Book at the February luncheon.

**Cancellation Policy:** You've sent in your reservation and check for the next WAHHI luncheon and now find that you can't go. What to do? If you notify the Reservations Chair at least 72 hours in advance of the luncheon, we'll be happy to refund your payment. However, we must give the hotel a guaranteed number of attendees 72 hours prior to the event. After that, we must pay for your meal whether you attend or not. Therefore, refunds cannot be made with less than 72 hours notice for any reason. You are welcome to arrange for a friend to take your place if you wish.

**WAHHI Luncheon Reservation for WEDNESDAY, February 16, 2011**

**Reservations and cancellations are due no later than Wednesday, February 9, 2011**

Tables are assigned as reservations are received. Checks should be made payable to WAHHI (\$27 for members, \$32 for guests) and **MUST ACCOMPANY RESERVATION FORM**. Mail to: Anne Marie Lauzon, 6 Bertram Place, Hilton Head, SC 29928, 843-642-4850.

- \_\_\_\_\_ **TABLE OF 10** . . . please **PRINT** names of members and/or guests on a separate piece of paper. **Mail with ONE CHECK.**
- \_\_\_\_\_ **PARTIAL TABLE** . . . please **PRINT** names of members and/or guests on a separate piece of paper. **Mail with ONE CHECK.**
- \_\_\_\_\_ **SINGLE RESERVATION** . . . Please **PRINT** to complete form. **Mail with CHECK.**
- \_\_\_\_\_ **Past Presidents' Table**      \_\_\_\_\_ **Newcomers' Table**
- \_\_\_\_\_ **Food Allergy**                      \_\_\_\_\_ **Vegetarian Meal Requested**

**Name Tags to be picked up at the luncheon**

Number of Members _____ Number of Guests _____ Amount \$ _____
--

**NAME** \_\_\_\_\_ **PHONE #** \_\_\_\_\_

## The Women's Association of Hilton Head Island's 50th Anniversary Cookbook

We have placed an additional order for the 50th Anniversary Cookbook "Garnished with Gold". We hope to have them available at the February luncheon.

The cookbook features nearly 500 treasured recipes from our members as well as from local restaurants, the history of our organization, written by Past President Jackie Cordray, and the beautiful Lowcountry photography of Ed Funk.

Order forms will be available at the luncheon or you can download one from the WAHHI website at [www.wahhi.com](http://www.wahhi.com). The cookbooks are \$20 and the aprons are \$15.

### COOKBOOKS FOR SALE

We hope to have the books available in the following locations:

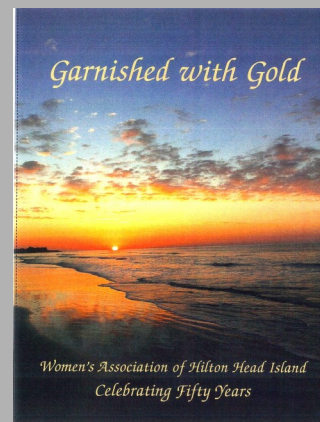
Honey Horn and Discovery Museum and Welcome Center,

Burke's Pharmacy - Main Street Village

Heaven Sent Bookstore - Bridge Center Shopping Center (Across from Moss Creek)

Pretty Papers - Wexford Shopping Center

Techniques Hair Salon - off Persimmon Road and Bluffton Parkway in Buckwalter



#### WAHHI NEWSLETTERS

Each quarter you will receive a two page invitation to our quarterly luncheon. A complete copy of the Pink Paper is posted on our website: [www.wahhi.com](http://www.wahhi.com)